

# Community Food & Health

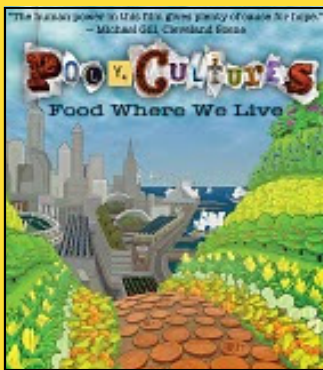
**Thursday, October 7th & Saturday, October 9th**

## PolyCultures: Food Where We Live

**Where:** East Cleveland Public Library (14101 Euclid Ave.)

**When:** Thursday, October 7th@4:15pm (abbreviated version)

Saturday, October 9th@1:15pm (full-length version w/ intermission)



*PolyCultures: Food Where We Live* is a feature-length documentary movie that portrays the diverse communities around Northeast Ohio coming together to grow a more sustainable and local food system: for the health of individuals, communities, local economies, and the environment.

Join us for all or part of the film followed by a discussion about food and health in our community.

Raffle prizes, giveaways, and healthy snacks will be provided at each showing.

**Saturday, October 9th**

## East Cleveland Community Garden Open Houses

**Where:** 8 locations throughout East Cleveland

*\*find a map at the EC Public Library and online at [cuyahoga.osu.edu](http://cuyahoga.osu.edu)*

**When:** Saturday, October 9th 10am until Noon



Community gardens are flourishing in East Cleveland thanks to dedicated groups of volunteers who tend to their care. While these gardens provide space to cultivate soil that grows fresh fruits and vegetables, they also cultivate community: building relationships between neighbors and gardeners, students and teachers, seniors and youth. Meet the gardeners, learn about each garden's history, and enjoy food samples made with garden fresh produce.

Each garden will showcase different recipe cards, fun children's activities, and garden giveaways.

# FREE AND OPEN TO ALL

These events coordinated by *Growing Green* in East Cleveland, a taskforce of residents and local non-profits, institutions, and organizations. *Growing Green* believes food and community are tools for positive change. For more information about these events or *Growing Green*, please contact Nicole Wright with the OSU Extension in Cuyahoga County at (216) 429-8200 x249 or email: [wright@osu.edu](mailto:wright@osu.edu)